



Seminar with  
**Eric Nonaka Sensei (7<sup>th</sup> Dan)**  
Assistant Chief Instructor, Hawaii Ki Federation

March 26 & 27, 2011  
Saturday and Sunday 8:30am-4pm

Torrance Cultural Arts Center – Studio #2  
3330 Civic Center Drive, Torrance CA

Sponsored by Southern California Ki Society  
General information: 310-818-6248

Eric Nonaka Sensei has been a lifetime student of Tohei Sensei - literally. He has now trained under Koichi Tohei Sensei for over fifty years.

In 1954 Tohei Sensei first began teaching Aikido outside Japan. Those visits began in the Hawaiian Islands. Whenever Tohei Sensei taught in the Big Island of Hawaii, he stayed in the home of Takashi Nonaka Sensei, Eric Nonaka Sensei's father and one of Tohei Sensei's earliest Hawaiian-American students. Eric Nonaka Sensei was then one year old. Eric Nonaka Sensei might therefore be said to have begun training as soon as he could walk.

Eric Nonaka Sensei began training formally in his father's dojo by age six, and by age twelve, he was training in the Adult class. He attained Shodan (1st degree black belt) at age sixteen. At that time, he was already teaching. There were 100 children in the Big Island (Hilo) classes and Eric Nonaka Sensei was among the instructors there.

Later, while he was in college, Eric Nonaka Sensei took a semester off and lived in Japan for six months. He trained with the *deshi* (live-in students) directly under Koichi Tohei Sensei, our Founder. Eric Nonaka Sensei was often *uke* for Tohei Sensei since his size made 'falls' more theatrically impressive and emphatic during demonstrations. Eric Nonaka's fellow students at that time included Koichi Kashiwaya Sensei (Midland Ki Society). Their 'trainer' was Yutaka Otsuka Sensei who is now the Chief Instructor at HQ dojo, Ichikai-machi. Eric Nonaka Sensei was promoted to *Sandan* in 1977 by Tohei Sensei as he finished that six months of training in Japan.

Eric Nonaka Sensei has now been the Head Instructor of the Mililani Hongwanji Aikido Club (Oahu) for 25 years. He is President of the Hawaii Ki Federation and is its Assistant Chief Instructor. He was recently promoted to 7th Dan. He holds the rank of 7th Dan in Ki-Aikido and Okuden in Ki Development.



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*please return to So. Cal. Ki Society, PO Box 7577, Torrance CA 90504 by March 14*

Fees:		Student rate	Sessions you will attend (check):
	<u>Adult</u>	<u>(18 &amp; younger)</u>	<input type="checkbox"/> Full seminar
Full seminar	\$100	\$50	-OR- Saturday <input type="checkbox"/> Sunday <input type="checkbox"/>
One day only	\$60	\$30	<input type="checkbox"/> I would like lunch ___regular ___vegetarian
Saturday & Sunday bento	\$8 per day		

Total Enclosed \_\_\_\_\_ (please make check payable to So. Cal Ki Society)

**Application and Release Form**

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_ email \_\_\_\_\_  
 Home Dojo \_\_\_\_\_ Affiliation (e.g., So. Cal Ki, etc.) \_\_\_\_\_  
 In case of emergency please contact: \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

I understand that I am applying to participate in a martial arts seminar and that the movements are potentially dangerous. I accept responsibility for my own safety during this seminar and agree to hold harmless the Southern California Ki Society, its members and any and all instructors they offer or employ, for any and all injuries incurred during my voluntary participation in this seminar. For minors only: I further understand that if I am under age of 18, parent or legal guardian must accompany me.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
 (Signature of participant)

Signed \_\_\_\_\_ Date \_\_\_\_\_  
 (Signature of parent or guardian if under 18 years of age)